

The Way of the Heart Overview

The Way of the Heart is a way of cultivating the decision to become identified with the Light that can shine away all darkness. Not by fighting with it, but by recognizing it, embracing it as your own creation, and choosing again. The Way of the Heart is the way that I teach. And now we begin a focused in-depth study together, that this way might become established within your holy mind. (WM 9)

The Way of the Heart is the final pathway that any soul can enter. There are many stages of awakening. There are many pathways that can be followed. But ultimately, "all roads lead to Rome," as they say. Eventually each soul must find its way into The Way of the Heart. (WM 8)

The heart is that which feels all things, embraces all things, trusts all things, and allows all things. The heart is that in which the soul rests eternally. The heart is that which is beyond space and time and is that spark of light in the Mind of God, which is called Christ. Only in that will you find the peace that you seek. (WM 5)

The Way of the Heart is the way that calls you home. And the call comes from that deep part of your soul that is still like unto the Spirit, which abides as Christ in the holy Mind of God. (WM 9)

The Way of the Heart, then, embraces all things, trusts all things and eventually transcends all things. Why? Because it begins by assuming complete and total responsibility for what is being channeled through it. You all serve as a channel, from the moment you arise until the moment you arise. Even during your sleep, you are choosing that which flows through your consciousness. (WM 14)

For although you are given complete free will to create as you choose, the soul begins to learn that what brings it the highest joy, the highest peace, and the highest bliss imaginable is that which flows from the Mind of God through the mind of the channel, the soul, and expresses itself in the field of experience. It is for this reason that the Father's will is that you be happy. And your happiness is found in choosing to restore your perfect alignment with only the voice for God.

The Way of the Heart, then, does indeed require the decision of commitment. I say unto you that when you wholly commit to discovering The Way of the Heart, you will discover a way of being in the world that is not here. You will discover a way of walking through life in which you experience being uplifted by something that seems to be forever beyond you, yet is within you as the core and the essence of your very being. (WM 56)

Your way will not be understandable by the world. Your way will not even be comprehensible within yourself. You will be living from mystery – moving from mystery to mystery to mystery – uplifted and carried by something that brings a satisfaction and a fulfillment to the depth of your soul, far beyond anything you can now imagine.

You will discover that there is a place within you that can look upon all things with perfect equanimity, perfect acceptance, and perfect Love. For in mastery of The Way of the Heart, you will discover that nothing is unacceptable to you. Only what is accepted can be transcended. (WM 57)

Then there arises a way of being in the world that is indeed not here, for you will feel no restlessness, no need to direct your journey. No questions will arise. You will be at peace. In that peace, the breath of God will move through you. And you will become as the wind, knowing not where you came from or where you are going, but you will abide in perfect trust and perfect rest. The world may not know you, but your Father will know you – and you will know your God.

And yet paradoxically, while the body lasts, you will appear to be as everyone else. You will arise in the morning and brush your teeth. When the body is hungry, you will feed it. You will laugh with your friends. You will yawn when the body is a bit tired. Yet through it all, there will be a quality of awareness – called the witness – that is simply watching it all, waiting to be moved by the wind of Spirit. Though others may not see it, virtually everything you utter will carry the sound of truth.

You will not know how Spirit will work through you, nor will you care. Because, you see, when there is no maker or doer or director, it will not matter to you. That is what it means to live as the wind, for the wind does not concern itself with where it has been or where it is going. It is moved by some mysterious source that cannot be located at all. Yet it blows, and as it blows, its effect is experienced. (WM 58)

Imagine then a life in which all that you do is not for yourself. Imagine a way of life in which what you do is not for anyone else. Imagine a way of life in which creativity flows forth from a Source so deep within you and around you that no language or dogma can contain it – a force and a Source that knows how to express itself through you in such a way that it is constantly and only serving the atonement, the awakening of all of creation to the truth of God's presence.

Therefore, understand well that The Way of the Heart requires the willingness to commit. Commitment is nothing more than a deliberate decision that something will be so. Just as with all aspects of experience you have ever known, when all of your being is involved in the willingness to make a decision, there is literally nothing that can prevent you from the accomplishment of your goal. (WM 56)

Is it worth it to commit to The Way of the Heart? Yes! It culminates with the recognition that you do not live Life at all, but rather that Life is living you. One of its characteristics is the development of the witness – a quality of consciousness, a way of being – in which you seem to be witnessing everything that arises and flows through you and around you from a place of utter stillness. (WM 57)

The 4 Axioms

These are the first two axioms of The Way of the Heart, to be built on, to be remembered and to be cultivated daily:

I am created as my Father created me to be. I am free.
And nothing sources my experience but me in each moment.
Nothing has an effect upon me whatsoever, save that which I choose to allow to affect me.
(WM 20)

I need do nothing. (WM 21)

The third axiom or principle could be encapsulated in this way:

I do not live any ordinary moments.
With each breath, my experiences are the stepping stones
laid before me of God to guide me home.
I will bring awareness to each moment and allow it to teach me how to forgive,
how to embrace, how to love and therefore how to live fully. (WM 31)

Understand well the next axiom {fourth} we give to you:

The only relationship that holds any value at all
is your relationship with God, your creative Source, the depth of the ocean. (WM 46)

Right away the mind says, "But what about my mate, what about my parents, what about my children, what about the president of the United States, what about the postmaster?" You will come up with a million examples of relationships that surely have great importance.

The only one that holds value is your relationship with God. For when that is in alignment, all of your creations, your choices for relationships and how you will be within them will flow effortlessly from that alignment. Therefore, seek first the Kingdom, and all these things will be added unto you.

4 Keys to the Kingdom

I once said unto you that there are four very precious keys – keys to the Kingdom – and they are but simply this: desire, intention, allowance and surrender. But those keys are found as the foundation for every experience that you have ever drawn to yourself. Somewhere you have wanted it. You have held the intention of experiencing it. You have opened yourself to allow the molecules of this physical dimension to form themselves into that which will be the messengers of the experience you want, and then you have given yourself to it as a bride to a bridegroom. Unfortunately, sometimes you say, "Why did I marry you?"

First, desire is everything. Without it, not a thing can arise. Therefore, what you desire is of utmost importance. Desire, then, perfect union with God. Desire, then, to be Christ incarnate. Desire, then, to be all that your Creator has created you to be, even if you have no idea what that might be. (WM 58)

It is necessary to utilize time to cultivate intention. For without intention, desire cannot become the crystal clear focus, the laser-like focus that can cut through the dross of this world so that a new creation can flow forth through you. (WM 59)

Desire and intention are critical. These stages unfold in the field of time as one matures in The Way of the Heart. (WM 60)

The third stage of the process whereby the mind is wholly corrected and one returns home is the stage of allowance.

Allowance is the cultivation of a way of looking at the events of your life, not as obstacles to getting what you want, but as stepping stones. Each one presents you with a blessing of the lessons required to heal the obstacles – not to success, but to the presence of Love as the Source and ground of your being. (WM 61)

Allowance is the way in which intention and desire come to work ever more fully in the third dimension of your experience – the field of time. Allowance is a submission, but not a naive submission. Allowance changes your perception of what you see as the world around you. (WM 62)

As these three stages mature, you rest into the final stage of surrender. And means there is no longer any restlessness. Surrender means you know through every fiber of your being that there is no one here living a life, there is Life flowing through mind personality, for as long as it lasts. . . . So, in short, it is in God's hands, not yours:

Not my will, but Thine be done. (WM 63)

Surrender. Surrender is the state that everyone in this world truly desires above everything else but they have forgotten what it is, where it comes from and what it would mean. For only in surrender can peace come to be known fully.

Desire, intention, allowance, surrender. But it is a surrender into a way of being that the world can never know. It is surrender into a way of being in which you may never receive an Oscar for your acting. But it is a way of being in which your consciousness becomes totally open to your union with all of creation. You will talk with a leaf as it falls from a tree. You will see the soul of the kitten that you pet. You will talk with angels and masters. And you will be involved in board meetings in the high cosmic conference rooms.

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The Way of the Heart is that pathway that begins with a commitment to healing and awakening and is founded on the premise, the axiom that we have given unto you:

You are perfectly free at all times.
Everything that is experienced has been by your choice
and at no time has there been any other cause. (WM 14)

The cultivation of The Way of the Heart is that pathway whereby you deliberately and consciously choose to become again as an innocent child. Just as you were in the beginning before you ever created, and then incarnated into, this dimension of experience that seems to be so permeated by a sense of conflict and separation. (WM 17)

But when you have forgiven yourself, rest assured, you will know what it means to walk in this world yet not be of this world. You will be able to feel the energy or the activities that any other soul may freely choose. You will discern that energy, you will understand that energy, and you will see through it and still see the face of Christ before you. (WM 26)

You will not react, which literally means to act again, as you did in the past. Instead, even if you are being persecuted (or to speak from personal experience, to be nailed upon a cross), you will have cultivated the ability to love. And in all situations, no matter what another is doing, your first response will be to enter into the quiet stillness within and merely ask the Holy Spirit:

What would you have me say?
What is most appropriate for this other soul in this moment?

For when forgiveness has purified the mind and the heart and the emotional field of your own being, you will discover that you exist only to extend Love. (WM 27)

For when the light of the heavenly Father is allowed to blossom in the core of the heart, all suffering is dissolved, all longing ceases. And what has seemed at times such a frightful and difficult journey simply is no more. And then the awakened Son looks out upon all things and He recognizes that all things are already contained within Him. That in Truth He is one with every blade of grass, with every gentle breeze, with every loving thought and with all beings whether on this plane or another.

And when you have chosen to acknowledge it, you will go forth lightly and without effort and there will be joy upon your heart and a smile upon your face. And the light you are will shine forth through your eyes and others will behold it and know it.

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